

**YMCA of Canberra Sailing Club**



**Australian Capital Territory Team Racing**

**2020-21 Twilight Series**

**Event 1 – 20 October 2020**

# **SAILING INSTRUCTIONS**

**Organising Authority**

**YMCA of Canberra Sailing Club**

## **1. RULES**

The Championship will be governed by:

- 1.1 The rules as defined in the *Racing Rules of Sailing 2017-2020* including Appendix D – Team Racing Rules and Appendix L Addendum B – Boats provided by the Organising Authority (OA).
- 1.2 Australian Sailing Special Regulations Part 2; 5.0 *Personal Equipment*.
- 1.3 All races shall be umpired as per RRS Appendix D2.
- 1.4 Pacer class rules will not apply.
- 1.5 The Rules for Boat Handling (SI Attachment A).
- 1.6 Where there is conflict between the Notice of Race and these Sailing Instructions the Sailing Instructions shall prevail.

## **2. COVID 19**

- 2.1 While the COVID-19 situation is in place, the Race Committee and all competitors and supporters will, while supporting or participating in this series, maintain and enforce complete compliance with:
  - all current and applicable COVID-19 related Government health directions and guidance,
  - all applicable COVID-19 related AS guidance, and
  - the current YMCASC COVID-19 Risk Management Plan (click [here](#)).
- 2.2 The onus is on individual competitors and the Race Committee to be aware of how the above guidance is to be applied to themselves and to their boats.
- 2.3 To prevent cross team infection the following precautions will apply:
  1. Entries are limited to five teams;
  2. The event will be sailed in 5 flights of 3 boats; and
  3. There will be no change-over of teams between boats.
- 2.4 Change-over of members within a team is permitted.

## **3. NOTICES TO COMPETITORS**

- 3.1 Notices to competitors will be posted on the Official Notice Board located to right of the Race Office counter of the YMCA of Canberra Sailing Club and at the designated changeover area while racing is in progress.

## **4. CHANGES TO SAILING INSTRUCTIONS**

- 4.1 Changes to the Sailing Instructions will be posted on the Official Notice Board by 0830 hours on the day they will take effect
- 4.2 Verbal instructions may be given on the water by the race committee when code flag L is displayed. It will be the responsibility of each team to obtain any verbal instructions given.

## **5. SIGNALS MADE ASHORE**

- 5.1 Signals made ashore will be displayed on the flag pole on the balcony of the YMCA of Canberra Sailing Club clubhouse.
- 5.2 When flag AP is displayed ashore '1 minute' is replaced with 'not less than 10 minutes' (amends race signal AP).

**6. SCHEDULE**

Tuesday 20 October 2020	1545-1600	Teams arrive and rig boats
	1600-1615	Competitors Meeting
	1630	Warning signal for first race
	1830	Last warning signal
	1830 - 1900	Return to shore, derig and put away boats

**7. FORMAT**

- 7.1 The series will comprise three events. The first event will be held on Tuesday 20 October 2020.
- 7.2 The format will be a round robin format.
- 7.3 The series will be sailed in three boat teams in Pacer dinghies.
- 7.4 When racing is conducted as a round robin format the series will scored using RRS D4.
- 7.5 The format may be changed at the discretion of the Race Committee.

**8. BOATS**

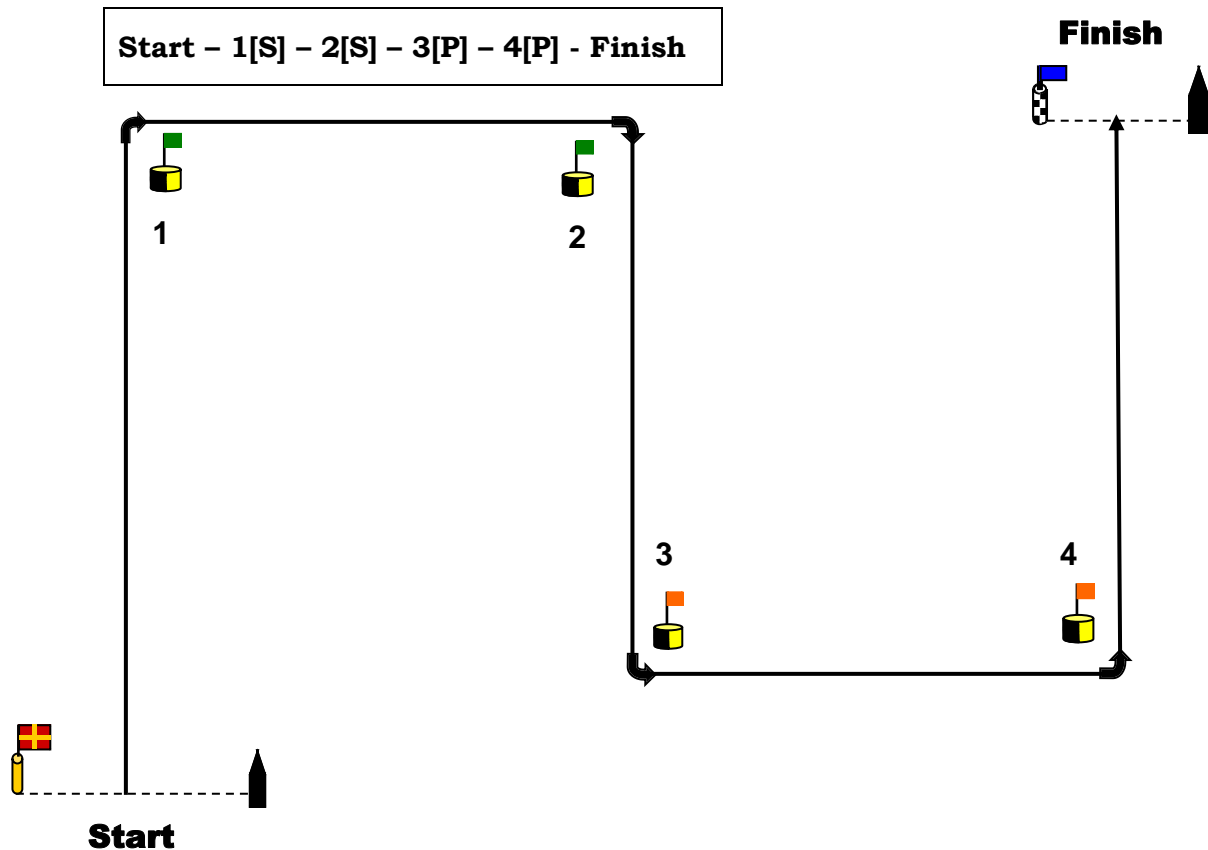
- 8.1 Pacer dinghies will be provided by the organising authority.
- 8.2 The cost of damage to any boat or equipment will be charged to the team that is deemed to be responsible. In the case of damage between opposing teams both teams may be charged. Damage costs will be billed to the team responsible. See also NOR 8.2 to 8.5.

**9. RACING AREA**

- 9.1 Races will be sailed of the mouth of Yarralumla Bay. See Attachment B.

**10. COURSE**

- 10.1 The diagram below shows the course, the order in which the marks are to be passed and side on which each mark is to be left.
- 10.2 The course area is defined as the area where a boat may sail from the time of her warning signal until she has finished.



## 11. MARKS

- 11.1 Marks 1 and 2 will be yellow and black wheel buoys with green flags. Marks 3 and 4 will be yellow and black wheel buoys with red flags.
- 11.2 The start mark will be a yellow pencil buoy flying code flag R and the finishing mark will be a black and white pencil buoy flying a blue flag.

## 12. THE START

- 12.1 Rule 26, Starting Races, will not apply.
- 12.2 Audible signals will govern the Start.
- 12.3 The race number will be displayed on the start boat prior to the warning signal.
- 12.4 The starting sequence will be:

Signal	Time before starting signal	Sound Signal	Visual Indication Flag
Warning	3 minutes	3 Long	3 Blue Flags
Preparatory	2 minutes	2 Long	2 Blue Flags
One Minute	1 minute	1 Long	1 Blue Flag
	30 seconds	3 Short	
	20 seconds	2 Short	
	10 seconds	1 Short	
	5 seconds	1 Short	
	4 seconds	1 Short	
	3 seconds	1 Short	
	2 seconds	1 Short	
	1 seconds	1 Short	
Start	0 seconds	1 Short	Last flag removed

- 12.5 Signals will be timed from the beginning of the first sound signal.
- 12.6 Failure to hear a signal shall not be grounds for redress.
- 12.7 Visual indication flags will be raised from the start boat to indicate the time before the start. Failure or mistiming of an indication flag shall not be grounds for redress.
- 12.8 The starting line will be between an orange flag on the start boat at the starboard end and the port end starting mark.
- 12.9 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races and shall keep clear of the course area.
- 12.10 A boat shall not start more than 2 minutes after her starting signal.
- 12.11 When at a boat's starting signal any part of her hull, crew or equipment is on the course side of the starting line, the Race Committee shall promptly display code flag X with one sound and may hail the sail or boat numbers of the premature starters. The flag shall be displayed until all such boats are completely on the pre-start side of the starting line or its extensions, but not later than two minutes after the starting signal. Failure of a hail, or failure of a boat to hear a hail number, shall not be grounds for redress. This changes rule 29.1 and 62.1(a).

## 13. THE FINISH

- 13.1 The finishing line will be between a staff displaying a blue flag on the Finish boat at the starboard end and the port end finishing mark.

**14. TIME LIMIT**

- 14.1 The target time for races is 6 to 8 minutes. The time limit for races is 15 minutes.
- 14.2 Boats not finishing within 5 minutes of the first boat will be scored DNF. This changes RRS 35.

**15. SCORING**

- 15.1 Rule D3 (scoring a race) shall apply.

**16. SAFETY REGULATIONS**

- 16.1 Personal flotation devices are to be worn from the time a team leaves the shore to participate in a race until the team returns to shore after the race.
- 16.2 It is a YMCA of Canberra Sailing Club requirement that all crews wear adequate covered footwear.

**17. SUPPORT BOATS**

- 17.1 No support or coach boats are allowed.

**18. TRASH DISPOSAL**

- 18.1 Trash is to be placed in the bin provided at the Change-Over area. No trash is to be dropped into the lake.

**19. DISCLAIMER OF LIABILITY**

- 19.1 Competitors participate in the Championships at their own risk. See RRS 4. Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the championship.

**ATTACHMENT A – RULES FOR BOAT HANDLING****A1 GENERAL**

- A1.1 While all reasonable steps will be taken to equalise boats, variations will not be grounds for redress (amends rule 62).
- A1.2 Competitors shall inspect assigned boats before each race for possible breakdown and missing equipment. Discrepancies shall be reported to the Race Committee.
- A1.3 Competitors shall report any damage or loss of equipment however slight as soon as possible to the Race Committee.
- A1.4 Handover of boats between races should be completed without delay. After finishing, competitors shall sail directly to the changeover area without interfering with any races in progress.

**A2 PROHIBITED ITEMS AND ACTIONS**

- A2.1 Except in an emergency or in order to prevent damage or injury, or when directed by an umpire, the following are prohibited:
- Perforating sails;
  - Cleaning or washing hulls, centreboards and rudders with anything else other than clean water;
  - Adjusting or altering standing rigging, halyards and mainsail batten tension;
  - Removing purchases on the mainsheet;
  - Marking of the hull or equipment other than by removable adhesive tape;
  - The use of equipment or fittings for a purpose other than intended; and
  - Any additions or alterations of equipment supplied.

**A3 PERMITTED ITEMS AND ACTIONS**

- A3.1 All equipment provided with boat for sailing purposes shall be carried while afloat.
- A3.2 It is permissible to take on board:
- Yarn or thread;
  - Easily removable adhesive tape;
  - Line (elastic or otherwise of 3mm diameter or less) that may be used for making minor repairs and preventing further damage.
- A3.3 All fittings or equipment designed to be adjusted may be adjusted except those items listed under B2.

**A4 MANDATORY ITEMS AND ACTIONS**

- A4.1 Boats shall be handed over as empty of water as possible and in racing condition.
- A4.2 At the end of the event teams on the water are responsible for hauling out, derigging and stowing the boats they are sailing.
- A4.3 Teams not on the water will assist in hauling out umpire and safety boats.

ATTACHMENT B – SAILING AREA AND CHANGEOVER POINT

