

When school is out

THE Y IS IN!

SACRED HEART
4 JAN - 29 JAN

Vacation Care operates 8am to 6pm

YMCA Canberra offers holiday programs where children are encouraged to play and have fun in a safe and stimulating environment. Our programs enable children to interact with nature, explore scientific experiments, participate in sport, creative and dramatic arts, play and explore.

At this stage, all bookings are still going ahead but we will continue to monitor and follow closely the advice of the NSW Government in terms of Coronavirus precautions.

We have an action-packed holiday program planned but need your help to make it happen!

Book by calling
6242 4040, or if
you are already
registered via the My
Family Lounge App

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Mindful Monday

Join us for Mindful Monday and learn how to be present in the moment. This day is all about activities that will help you open your mind and develop a growth mindset. Children will make and take-home self-care creations such as bath bombs and calming jars.



Teamwork Tuesday

Teamwork Tuesday is sure to be a day full of fun. Activities will help children develop positive team skills as they engage in a variety of fun crafts, sports and challenges. Active Attitudes will visit to run a workshop at 1:00pm, by the end of the day, children will have a clear sense of cooperation in action!

Incursion: Active Attitudes Workshop - 1:00pm - 3:00pm.



Workshop Wednesday

On 'Workshop Wednesday', we will be running a number of exciting workshops to teach the children some fun new skills. This day will include a super groovy workshop on tie dying. Pick your children up at the end of the day and hear about the new skills and projects they worked hard to create throughout the day.

Incursion: Tie Dye Workshop 9:30am - 11:30am



Throwback Thursday

Today will be a blast from the past as we explore the coolest trends from the 70's all the way to the 2000's. From Red Rover to Pac Man, by the end of the day children will be experts on the childhood fun and games their parents and educators had. We will also be attending a "Blast from the Past" Silent Disco Dress Up Party at Leumeah Lodge.

Excursion: Leumeah Lodge Silent Disco. Depart Centre: 10:00am. Arrive Centre: 1:30pm. Don't forget to dress up!

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Fit and Fun Friday

Fit and Fun Friday will be a perfect way to end the week. Whether it be sporting activities or art creations, today is the perfect day to develop our fitness, whilst having heaps of fun. By the day's end, we will have explored heaps of exciting ways to stay fit during the summertime. This day is sure to be one of the most remembered of vacation care.



Summer Olympics

With the 2020 Olympics being cancelled, today we will create our very own Summer Olympics! Join us as we race through the sprinkler hurdles, sponge throwing and much more as we compete for Gold!



Sun, Sand and Smiles

This day is centered around beach activities, join us as we play between the flags, learn to 'surf' and build sandcastles. Our midday adventure includes a trip to the YMCA Aquatic Recreation Centre for a 'Shore is Fun' excursion from 10:30am – 1:30pm. Today is the day to slip, slop, slap on some fun!

Excursion: Shore Is Fun at The ARC. Depart Centre: 10:00am. Arrive Centre: 2:00pm. Don't forget to bring a sun safe hat and sunscreen.



Island Luau

Relax, sit back and get ready to live the island life! Hula hoop until you drop, play pineapple bowling and Hawaiian limbo. Lunch on some delicious Hawaiian pizza and tropical punch and say aloha to an afternoon of fun filled summer themed crafts, activities and party games.

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Summer of Sustainability

We only have one world, and this day is about how we can look after it. Set yourself up for a day of activities that centre around sustainability and what we can all do to live a little more 'green'!



Wet n Wild

Splish! Splash! We are having a super fun water play day! We will be playing with all things water themed, testing your aiming skills with target games, getting creative with water painting and a sandcastle competition.

Excursion: Water Play Depart Centre. 9:30am. Arrive Centre: 12:30pm. Don't forget to bring your sun safe hat, sunscreen, towel and swimmers.



Great Australian Outback

Get ready for a super fun day full of all things outback! We all love a sunburnt country and today we will celebrate that country with activities about people, place and culture. Explore all of the great Aussie traditions as well as some of the creepy crawlies as we take a journey from WA to QLD and down to Tassie!



Discover the Wilderness

Explore the wilds of the world on a Wilderness Discovery Sacred Heart Tour. We navigate the icy tundra to the highest mountains. No place is too far or too wild. We journey to places far and wide on this breathtaking day.

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Camp Cottermouth

Ever been interested in the 'USA' summer camp experience? Well we are excited to announce we have partnered with Scouts to bring you one incredible Summer Camp Experience. We will have a taster day at 'Camp Cottermouth' Scouts. We have a range of adventure-based learning on offer including activity challenges, rock climbing wall, hiking, archery and more.

Excursion: Camp Cottermouth. Depart Centre: 9:00am. Arrive Centre: 1:00pm. Don't forget to bring a sun safe hat and sunscreen.



Great Gardens

Get excited for 'Great Gardens' and explore the Australian National Botanic Gardens on our super fun excursion today. Continue the garden fun with other flora and fauna themed activities back at Sacred Heart.

Excursion: Australian National Botanic Gardens. Depart Centre: 9:30am. Arrive Centre: 12:30pm. Don't forget to bring a sun safe hat and sunscreen.



Welcome to the Jungle

Enter the great unknown with this jungle themed day. Whether it's slippery snakes or cute capybara this day is sure to get wild as we delve into the jungles of the world.



Magic Moments

Now you see it, now you don't! Get ready for a day full of magical moments as we wander into the world of magic. From sleight of hand card tricks to pulling rabbits out of hats, this day promises to amaze and awe!

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Tiny Treasures

Let your imagination take charge with our 'Tiny Treasures' day. Our excursion to Cockington Green offers flowers and fun with its miniature village and international display. Enjoy the rest of the day making yummy treats, playing trivia games and mini versions of all your favorite things!

Excursion: Cockington Green Depart Centre: 11:15am. Arrive Centre: 2:15pm. Don't forget to bring a sun safe hat and sunscreen.



Time Machine

Today we will be time travelling to eras past, present and future! Dress up as a historical figure, a futuristic character or what you want to be when you grow up. We will be conducting futuristic science experiments and making our very own time capsule!



Run Away to the Circus!

Join us as we wrap up summer vacation care with a fun filled circus themed day. We will try our hand at juggling, have a feast fit for a carnival and take silly photos in our booth. Don't forget to come dressed in your best circus outfit!

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